



## Family Night Basket Give Away

To thank you for your support of our practice, beginning January 1, 2011 you and your family are eligible to win great family gifts during the coming year. We are so appreciative of your loyalty to our office in referring friends and business acquaintances. In the past when you refer a patient to our office you received two movie passes. We will continue to send movie passes as a thank you each time you refer..... plus an added bonus!

Each time you refer someone to our office between January 1 and February 28, 2011, your name will be placed into a drawing to win a Family Night Gift Basket. The basket includes: a Cuisinart Frozen Yogurt-Sorbet Ice Cream Maker, a 6 month membership to Netflix, and the following family games: Phase 10, Catchphrase, and Uno Attack. We are excited to give this prize away and hope you will be excited to win it!

The next Family Basket Give Away will be held from March 1 through April 30, 2011. The prize for that drawing will be a house cleaning service. While your house is being cleaned, you can enjoy the time with your family. Every two months a new Family Basket will be given away---a total of six during the year! We will post the next Family Basket Give Away on our website at [braceyourmile.com](http://braceyourmile.com). From there you can access our Facebook where the information will be posted as well. Good luck!

## UPCOMING 2011 CONTESTS AND DRAWINGS

We have some fun and exciting contests and drawings for our patients and families. More information will follow as each event gets closer. Give us some ideas on what you would like to see in a Family Gift Basket....post your ideas on our Facebook page. To access our Facebook page, simply click on the Facebook logo on the home page of our website. It would be great to hear from you! **(SEE COMPLETE UPCOMING CONTEST LIST ON PAGE 3)**

## Patient Information Update

As the New Year begins you may experience a change in your insurance or your flex plans. Please let us know of these changes so that we can insure that you receive the full benefit from your insurance or flex money.

As well, if you need to update a phone number or address, please give us a call. It will take moments to update the information in our computer.

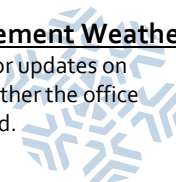
If you would like to receive email or text reminders of upcoming appointments, please call and we will set you up to receive emails and/or texts.

## Annual Movie Party

Thanks to the 420 patients, friends, and family who attended our movie party, we collected 485 pounds of food for Snowcap! We hope you enjoyed the movie as much as we did!

## Snow Days/Inclement Weather

Check our website for updates on snow days as to whether the office will be open or closed.  
[braceyourmile.com](http://braceyourmile.com)





Stacy, Jessica, Angella



Kaysha and Stacy

## Who Belongs to that X-Ray? Contest

We were able to catch two of our winners on camera! It was difficult to decide which x-ray belonged to which staff member but everyone had fun trying! In case you missed the contest, the office was decorated with cob web and spider filled chandeliers, trees, and bird cages. Ravens could be found perching on the trees and bird cages. Thanks for those who dared enter the contest! Each of the ten winners received Pizza-Movie Night Gift Packages. The remaining eight winners were:

Jake Horton, Jeffrey Thompson, Emilee Mann, Chris Barney, Terri DeBrae, Cassidy Osborn, Nicole Gould, and Rhiannon Jones.

## WORD FIND

### OUTER SPACE

D H O B S H N E P T U N E Y  
 U E J I H U N Y S T H A O R  
 D N A U U E E E M A E N W A  
 W N A I P L U T O N A O D H  
 A G H P L I Z O O E R U S U  
 R D E I H C T M N W T N S H  
 F H Y H O P B E O Q H I U E  
 R A C O E A A R R T E O A E  
 U S A T U R N C P L A N E T  
 R T A E H F T U E U L E E E  
 I E U C U F A R O V C E I O  
 A R F A I R A Y A O E I R H  
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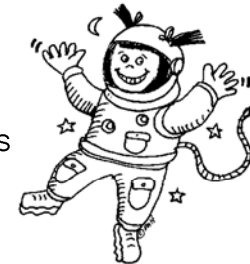
## Ways to Pare Down and Get Organized for a Fresh New Year

(Excerpts from Better Homes and Gardens January 2011)

- Every three months reserve a Saturday morning for a family cleanout. Give everyone 30 minutes to clear out his or her space and donate or throw away those items not needed.
- Organize one room at a time, one section at a time, completing each area before you move on to the next
- When deciding on whether to keep something ask yourself: Do I love it? Do I use it? Could someone else use it?
- Set up solutions where clutter occurs such as a bookshelf by the front door with labeled baskets for each family member to hold shoes, hats, gloves, etc.
- Organize in a three hole punch notebook frequently accessed papers, menus, sports schedules, phone directories, etc. and place it in a designated spot.

- Create a repair center for things that need mending until you have time to tackle each project.
- Take a photo of the sentimental item you no longer need and donate the item.
- Each spring and fall, do CPR on your closet: Categorize, Purge, and Rearrange.
- Include only three of the most important tasks on your "to-do list" and then complete them.
- Restore order to your handbag each night before you retire.
- Tackle your junk drawer first and remove anything you don't use at least monthly.
- Every time you arrive home, clear the car of anything that doesn't permanently belong.
- "Go clean your room" can mean lots of things. Give your kids a list of exactly what you expect and let them check off the tasks as they are done.
- Remember that less stuff means less to organize and less money spent. Fewer activities means less running around and more family time.

VENUS  
 EARTH  
 MARS  
 CERES  
 ASTEROIDS  
 JUPITER  
 SATURN  
 NEPTUNE  
 URANUS  
 PLUTO  
 DWARF  
 PLANET  
 MOON



### Snow Days/Inclement Weather

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[braceyoursmile.com](http://braceyoursmile.com)

## January and February

### **Stevenson Smile Contest**

To enter the contest you will need to upload your best Stevenson Smile to <http://contest.BraceYourSmile.com> and get your friends and family to vote for you. Anyone with at least 20 votes will be included in a random drawing for an iPad! The person with the most votes will win an iPod Touch! Contest runs from January 1 to March 15, 2011. Good luck!

### **Family Night Gift Basket Drawing**

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## March

### **Disney Week March 14-18**

Come dressed in Disney attire to win a prize

### **Family Gift Basket**

Complimentary House Cleaning

Refer a friend from March 1-April 30 to have your name placed in the drawing to win.



## April and May

### **Stevenson Internet Contest**

April 1 through May 31, 2011.

More information to come.

### **Family Gift Basket Drawing**

Refer a friend from

May 1 to June 31, 2011 to win.

More information to come.



## June

### **Stevenson T-Shirt Week June 13-17**

Come wearing your Stevenson Logo T-Shirt to win a prize.

\*If you do not have a t-shirt, call and we will make sure you get one\*

### **Family Gift Basket Drawing**

Refer a friend from May 1 to June 31, 2011 to win.

More information to come.



## July and August

### **Stevenson Treasure Hunt**

July 1 to August 31, 2011. Solve the clues hidden in the Gresham Downtown area to win a laptop computer!

### **Family Gift Basket Drawing**

Refer a friend from July 1 to August 31, 2011 to win.

More information to come.



## September and October

### **Stevenson Internet Contest**

September 1 through October 31, 2011. More information to come.

### **Family Gift Basket Drawing**

Refer a friend between September 1 to October 31, 2011

to win a Civil War Tail Gate Party Basket.

## November

### **Civil War Week**

Wear the colors of your favorite team to win a prize. Week to be announced.

### **Family Gift Basket Drawing**

Refer a friend from November 1 to December 31, 2011 to win.

More information to come.

## December

### **Annual Holiday Movie Party**

Date and time to be announced.